

Student Name: _____

Treat Others in the Way You Would Like to be Treated.

COURTESY

April's theme for ATA Tigers is *Courtesy*. *Courtesy* is having good manners and sharing and helping. *Courtesy* and respect are the foundation upon which all martial arts are taught. The bow and the handshake in class are to show courtesy for your partners and instructors. Another sign of *Courtesy* is referring to other students by "Sir and Ma'am", and by addressing Black Belts and Instructors by their last name. A Tiger should demonstrate *Courtesy* at home and school by treating parents, teachers, siblings and friends the same way they would like to be treated themselves. Here are three Weekly Lessons that coincide with *Courtesy*.



Weekly Lessons



Kindness

Kindness means being nice to others. For April, list two ways that you showed kindness to others.

1

2

Favors

A Favor is helping others. List two favors that you performed in April.

1

2

Good Manners

Having good manners means being respectful and polite. Saying "Please" and "Thank You" are great ways to show that you have good manners. List two ways that you showed good manners in April.

1

2

Courtesy

List two ways that you showed Courtesy this month towards someone without expecting anything in return.

1

2