

NEVER GIVE UP!

PERSEVERANCE



Student Name: _____

Parent Signature: _____

February's theme for ATA Tigers is *Perseverance*. Tigers are exceptional at demonstrating *Perseverance* – especially when asking for something that they really desire. This is the same energy and focus that all success is built on. This is the winner's quality. *Perseverance* is the ability to face defeat again and again without giving up; Whether it's playing a game, riding a bike, or learning to spell, when success is not immediate Tigers always "Try Again" and **NEVER GIVE UP!**



Weekly Lessons

Focus

Never lose sight of what you want - Make every moment of each class count on your path to Black Belt. For February, list two ways that you stayed focused.

1

2

Commitment

Making a commitment means having a goal and "Sticking-to-it.". For February, list two ways that you showed commitment this month.

1

2

Overcoming Obstacles

Just like an obstacle course, sometimes we have to go over, under, or around things that stand in the way of reaching our goals. List two ways that you overcame obstacles in February.

1

2

Perseverance

List two ways that you showed Perseverance this month and Never Gave Up!

1

2